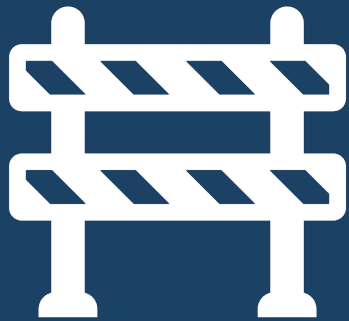


Impact of the First Wave of COVID-19 on Physical Activity Promotion in the European Union

What did we do?

Survey among 29 key government officials
from 24 EU member states
in collaboration with the World Health Organization.



All experts noted the negative impact of quarantine regulations on opportunities for physical activity in their countries.

Almost half of the experts stated that COVID-19 had a negative impact on general NCD and physical activity policy in their country.

45 %

75 %

However, most of the experts reported a positive impact on public awareness of physical activity.

Conclusions

COVID-19 may have opened a window of opportunity for the development of new policies promoting physical activity and preventing non-communicable diseases.